

# 124 - Licensed Marriage & Family Therapist Tip Sheet

# **MET/EVALUATION**

Encompasses all meetings, reports, testing and observations completed for the IDEA Assessment. The evaluation should only be reported **once**, even if the evaluation is administered over several days (one log for all work done). The date of service is the date eligibility is determined (IEP/IFSP mtg). **Note**: An evaluation must be completed to use this code.

PROCEDURE CODE	SERVICE TYPE	START/END TIME
H0031 HT	Mental Health Assessment	No
	A professional, clinical evaluation of the student's overall mental health	
	functioning.	
96112 HT	Developmental Testing w/Interpretation & Report, First Hour (31-75 min)	Yes
	(Including assessment of fine and/or gross motor, language, cognitive level,	
	social, memory and/or executive functions by standardized developmental instruments)	
96113 HT	<ul> <li>Each additional 30 min of testing beyond the first hour (76+</li> </ul>	
	minutes)	
96127 HT	Brief Emotional/Behavioral Assessment	No
	(e.g., depression inventory, ADHD scale) with scoring and documentation, per	
	standardized instrument.	
96130 HT	Psychological Test/Evaluation, First Hour (31-75 min)	Yes
	(Including integration of patient data, interpretation of standardized test results,	
	treatment planning, and report)	
96131 HT	<ul> <li>Each additional 30 min of testing beyond the first hour (76+ minutes)</li> </ul>	
97151 HT	Behavior Identification Assessment, each 15 min	Yes
	(Includes face-to-face time with beneficiary to conduct assessments as well as non-	
	face-to-face time for reviewing records, scoring and interpreting assessments, and	
	writing the treatment plan or progress report)	

#### REED

Participation in the Review of Existing Evaluation Data (REED). The date of service is the date the IEP team completes its review of data.

PROCEDURE CODE	SERVICE TYPE	START/END TIME
H0031 TL	Mental Health Assessment	No
	Participation in the Review of Existing Evaluation Data (REED) related to the	
	Mental Health Assessment	
96112 TL	Developmental Testing w/Interpretation & Report, First Hour (31-75 min)	Yes
	Participation in the Review of Existing Evaluation Data (REED) related to the	
	Developmental Testing.	
96113 TL	<ul> <li>Each additional 30 min of testing beyond the first hour (76+ minutes)</li> </ul>	
96130 TL	Psychological Test/Evaluation, First Hour (31-75 min)	Yes
	(Including integration of patient data, interpretation of standardized test results,	
	treatment planning, and report)	
96131 TL	<ul> <li>Each additional 30 min of testing beyond the first hour (76+</li> </ul>	

PROCEDURE CODE	SERVICE TYPE	START/END TIME
	minutes)	
97151 TL	Behavior Identification Assessment, each 15 min	Yes
	(Includes face-to-face time with beneficiary to conduct assessments as well as	
	non-face-to-face time for reviewing records, scoring and interpreting	
	assessments, and writing the treatment plan or progress report)	

### IEPT/IFSP

Participation in the IEPT/IFSP. Encompasses all work done for the IEPT. The date of services is the date of the IEP team meeting.

PROCEDURE CODE	SERVICE TYPE	START/END TIME
H0031 TM	Mental Health Assessment	No
	Participation in the IEPT/IFSP meeting related to the Mental Health Assessment	
96127 TM	Brief Emotional/Behavioral Assessment	No
	(e.g., depression inventory, ADHD scale) with scoring and documentation, per standardized instrument.	

# EVALS NOT RELATED TO MET OR IEP

Evaluations completed for purposes other than the IDEA assessment. The date of service is the date the test is completed.

PROCEDURE CODE	SERVICE TYPE	START/END TIME
H0031	Mental Health Assessment	No
	Mental Health Assessment not related to the REED, MET or IEP	
96112	Developmental Testing, First Hour (31-75 min) Developmental Testing not	Yes
	related to the REED, MET or IEP	
96113	<ul> <li>Each additional 30 min of testing beyond the first hour (76+</li> </ul>	
	minutes)	
96127	Brief Emotional/Behavioral Assessment	No
	(e.g., depression inventory, ADHD scale) with scoring and documentation, per	
	standardized instrument.	
96130	Psychological Test/Evaluation, First Hour (31-75 min)	Yes
	(Including integration of patient data, interpretation of standardized test results,	
	treatment planning, and report)	
96131	<ul> <li>Each additional 30 min of testing beyond the first hour (76+</li> </ul>	
	minutes)	
97151	Behavior Identification Assessment, each 15 min	Yes
	(Includes face-to-face time with beneficiary to conduct assessments as well as non-	
	face-to-face time for reviewing records, scoring and interpreting assessments, and	
	writing the treatment plan or progress report)	

## **THERAPY/COUNSELING**

PROCEDURE CODE	SERVICE TYPE	START/END TIME
90832	Individual Therapy, 30 min (actual time can be 16-37 min)	Yes

PROCEDURE CODE	SERVICE TYPE	START/END TIME
	Treatment of a mental disorder or behavioral disturbance; with patient and/or	
	family.	
90834	Individual Therapy, 45 min (actual time can be 38-52 min)	Yes
	Treatment of a mental disorder or behavioral disturbance; with patient and/or	
	family.	
90837	<b>Individual Therapy, 60 min</b> (actual time can be 53+ min)	Yes
	Treatment of a mental disorder or behavioral disturbance; with patient and/or	
90832	family. Individual Therapy, Interactive Complexity, 30 min	Yes
+90785	Interactive complexity incorporates physical aids to overcome barriers to	105
	therapeutic treatment, such as specific communication factors. One of the	
	following must exist to use this code:	
	1. Maladaptive Communication (i.e. high anxiety, reactivity or disagreement)	
	2. Caregiver's emotions or behaviors interferes with implementation of	
	treatment plan	
	3. Mandated reporting such as in situations involving abuse or neglect	
	4. Use of play equipment, devices, or an interpreter required due to lack of	
	fluency or undeveloped verbal skills	
90834	Individual Therapy, Interactive Complexity, 45 min	Yes
+90785	Interactive complexity incorporates physical aids to overcome barriers to	
	therapeutic treatment, such as specific communication factors.	
	One of the 4 conditions above must exist to use this code.	
90837	Individual Therapy, Interactive Complexity, 60 min	Yes
+90785	Interactive complexity incorporates physical aids to overcome barriers to	
	therapeutic treatment, such as specific communication factors.	
	One of the 4 conditions above must exist to use this code.	
90846	Family Therapy without Student, 50 min	Yes
	The goal of these sessions is to address family dynamics, communication and	
	relationships	
90847	Family Therapy with Student, 50 min	Yes
	The goal of these sessions is to address family dynamics, communication and	
90853	relationships Group Therapy other than Family, minimum 5 min (2-8 students)	Voc
90853	Group Therapy other than Family, Interactive Complexity, 60 min (2-8 Students)	Yes Yes
+90785	Interactive complexity incorporates physical aids to overcome barriers to	165
	therapeutic treatment, such as specific communication factors.	
	One of the 4 conditions above must exist to use this code.	
97155	Adaptive Behavior Treatment using an established plan, each 15 min	Yes
97156	Family Adaptive Behavior Treatment using an established plan, each 15 min	Yes
97158	Group Adaptive Behavior Treatment using an established plan, each 15 min	Yes
	2-8 students	
H0004	Behavioral Health Counseling, each 15 min	Yes
H2011	Crisis Intervention, each 15 min	Yes
S9484	Crisis Intervention, per hour	Yes
	Unscheduled activities performed for the purpose of resolving an immediate crisis.	
	Includes crisis response, assessment, referral and direct therapy.	

# Non-Billable Code

PROCEDURE CODE	SERVICE TYPE	START/END TIME
Consult Only	Use for logging students with consult-only services listed in the programs/services section of their IEP	-
Behavior Plan	Use to log students with a behavior plan only	-
Communication	Use to log communications with parents, other providers, staff	-
Attendance	Use to log when a student is missing therapy(ies) due to absences	-
Observation	Use to document time observing students for evaluation purposes	-

#### **GENERAL BILLING INFORMATION**

#### **Service History Notes:**

- 1. **Describe** what occurred on the date of service. Ensure that the Service History Note (daily note) is sufficiently detailed to allow reconstruction of what transpired for each service billed.
- 2. **Describe** the "medical" goal of the service.
- 3. Indicate the result of the therapy session (student's response).
- 4. Avoid discussing academic goals/issues or attendance.

**Example of Service Note Detail:** Group Therapy (90853) – The group focused on starting "My Calm Down Book" and identified various facial expressions to determine the mood. The student did a self-portrait of his face when angry, then lost focus and was disruptive and disrespectful to his peers.

#### **Monthly History Notes:**

- 1. Summarize (Evaluate) the student's monthly progress toward your medical/health-related goal.
- 2. **Include** any changes in medical/mental status and changes in treatment with rationale for change.
- 3. Service History Notes (Daily and Monthly History Notes (Progress) **must not match**.

**Example of Summary Note:** Student is making limited progress with improving his ability to follow directions and interact with peers appropriately. Will continue to address his goals toward appropriate peer behavior.

#### **Record Keeping:**

Keep copies of all supporting documentation related to this service for a period of 8 years (FY+7) regardless of the change in ownership or termination of participation in Medicaid.